

FAMILY MEDICINE ADDICTION MEDICINE

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SUBOXONE INDUCTION procedure
Your withdrawal medications to help
You thru until the morning of induction

BIG POINTS to remember: your brain MUST be free of all narcotics (anything like vicodin, Percocet, oxycontin, heroin etc) when you come in for induction

-It takes your brain about 48-72 to clear out the narcotics. (ie NO NARCOTICS for 48 hours –or whatever I say- before the induction)

Medications to help with your withdrawal

- 1) **Clonidine** 0.1mg every 6 hrs as needed for the heebiejeebies (note: this is a BP med- so make sure you don't get lightheaded- don't use it if you do)
- 2) **Hyoscamine** 0.125mg put one UNDER TONGUE (dissolves in mouth) every 6 hours as needed for stomach cramps and diarrhea.
- 3) Clonazepam 0.5mg every 6 hrs for anxiety.

These are the medications that will help you get thru the days and nights before the induction.

REMEMBER: you must PICKUP your suboxone at the pharmacy BEFORE you come in here for induction!. Do not arrive without this. May seem obvious but many patients seem to forget this important piece. DO NOT take ANY suboxone before you arrive for induction !!! We count pills! if you do, we will terminate the program.